

# SPA DAY PACKAGES



Enjoy one of our relaxing spa days and you'll leave feeling destressed, relaxed and refreshed.

## AFTERNOON TEA AND TREATMENTS

£115pp

Your package of pure pampering will include:

- Full access to leisure facilities
- Prosecco Afternoon tea served in the hotel
- Welcome drink on arrival
- £10 spa retail voucher, to take that perfect gift home with you
- Two x 50-minute treatments of your choice

## ESCAPE & RELAX

£75pp

Your package of relaxation will include:

- Full access to leisure facilities
- Light spa lunch served in the hotel
- Welcome drink on arrival
- One x 50 minute treatment of your choice
- £10 spa retail voucher, to take that perfect gift home with you

## TIME OUT EXPRESS

£50pp

Your package of pampering will include:

- 3 hour spa access with robes and slippers
- Welcome drink on arrival
- One x 25-minute treatment of your choice
- £10 spa retail voucher, to take that perfect gift home with you

## BABY ON THE WAY

£70pp

Take some time out for you and your baby, your pampering will include:

- Full access to leisure facilities
- Light spa lunch served in the hotel
- Welcome drink on arrival
- Pre Natal treatment -50 minutes (12+weeks)
- £10 spa retail voucher, to take that perfect gift home with you

## PACKAGE TREATMENT CHOICES

### 50 MINUTE RITUALS BY CAUDALIE

#### Caudalie Lifestyle

##### Full Facial, Leg & Foot Massage

Put your feet up and relax. This facial includes a full skin cleansing and deep exfoliation. When you sit back and relax in a customised mask to suit your skin, accompanied with a relaxing leg and foot massage. To complete your treatment serums and moisturisers will be used to meet your individual requirements leaving your skin soft and restored.

#### Caudalie Time Out

##### Full Facial, Hand & Arm massage, Scalp Massage

Specially designed to make you feel and look relaxed and radiant in less than 1 hour. This facial includes full skin cleansing, deep exfoliation. While you relax with a customised mask, a hand and cranial scalp massage is completed. The experience is completed with serums and moisturisers to meet your individual requirements. Your skin's freshness, comfort and evenness are restored.

#### Caudalie Relax in the City

##### Back Scrub, Back Massage, Scalp Massage & Pressure Point Therapy

The perfect treatment for time out in the city. Indulge in a divine body exfoliation, relaxing des vignes back massage, followed by a pressure point facial massage & cranial scalp treatment to melt away tension and leave skin radiant.

#### Caudalie City Living

##### Back Scrub, Massage & Mask & Leg Massage

After a busy day, calm your mind and body with a deeply relaxing leg and back treatment. This ritual begins with a back cleanse, exfoliation and massage to back and legs and incorporates a nourishing mask applied to the back. This treatment will relieve tension and revitalise, leaving you feeling totally rejuvenated.

### 25 MINUTE EXPRESS TREATMENTS BY MERRY HILL

#### De Vigne Back Massage

This treatment incorporates our signature Caudalie massage, using techniques to deeply relax both the muscles and mind.

#### Moment of Tranquillity

This relaxing Cranial Scalp Massage is the perfect remedy for tension and stress, it can also help lower blood pressure and improve circulation to the head and neck.

#### Perfect Legs

This revitalising massage treatment is just what the doctor ordered following a day's shopping and sightseeing, allow the therapist to bring back your spring in your step, a perfect treatment for those who suffer with lower back pain.

#### Express D-Vine Facial

Specially designed for men and women who are short of time, yet still want results. This express treatment is tailor made to meet the needs of every skin type. This facial includes eye and skin cleansing, deep exfoliation, the application of a customised mask, and a hand massage completes this moment of well-being.

#### Bright Eyes

This treatment for the eye contour is perfect for really brightening the delicate area around the eyes. It starts with a delicate massage followed by the application of a hydrogel patch concentrated in red vine, horse chestnut and ivy leaf, the perfect lifting and firming eye treatment.

01384 473101

spamerryhill@motionhealthclubs.co.uk

Millennium Copthorne Hotel, The Waterfront, Level Street, Brierley Hill, DY5 1UR

motionhealthclubs.co.uk