

SPA DAY PACKAGES



Enjoy one of our relaxing spa days and you'll leave feeling destressed, relaxed and refreshed.

TOTAL INDULGENCE AFTERNOON TEA AND FIZZ SPA DAY

£185pp

Your day of pure pampering will include:

- Full spa access with robes and slippers.
- Prosecco Afternoon tea served in the hotel
- Welcome drink on arrival.
- £10 spa retail voucher, to take that perfect gift home with you.
- Two x 50-minute treatments of your choice

ESCAPE & RELAX SPA DAY

£125pp

Your day of relaxation will include:

- Full spa access with robes and slippers.
- Light spa lunch served in the hotel.
- Welcome drink on arrival.
- One x 50 minute treatment of your choice
- £10 spa retail voucher, to take that perfect gift home with you.

TIME OUT EXPRESS SPA DAY

£80pp

Your mini day of pampering will include:

- 3 hour spa and relaxation room access with robes and slippers
- Welcome drink on arrival
- One x 25-minute treatment of your choice
- £10 spa retail voucher, to take that perfect gift home with you.

BABY ON THE WAY SPA DAY

£125pp

Take some time out for you and your baby, your pampering will include:

- Full spa access with robes and slippers.
- Light spa lunch served in the hotel.
- Welcome drink on arrival.
- Pre Natal treatment -50 minutes (12+weeks)
- £10 spa retail voucher, to take that perfect gift home with you.

PACKAGE TREATMENT CHOICES

50 MINUTE RITUALS BY CAUDALIE

Caudalie Lifestyle

This gorgeous body treatment incorporates one of the most popular scrubs from our Vinothérapie® Spas. The Caudalie signature sculpting massage follows, using the contouring concentrate, which stimulates the systems of the body and encourages natural elimination of toxins. An ideal treatment for relieving tension, invigorating your mind & body and as part of a slimming programme. Your skin will be left feeling clean, refined and perfectly smooth.

Caudalie Time Out

Specially designed to make you feel and look relaxed and radiant in less than 1 hour. This facial includes full skin cleansing, deep exfoliation. While you relax with a customised mask, a hand and cranial scalp massage is completed. This creates a moment of well-being by unblocking the energies of the nervous system. The experience is completed with serums and moisturisers to meet your individual requirements. Your skin's freshness, comfort and evenness are restored.

Caudalie Relax in the City

The perfect treatment for time out in the city. Indulge in a divine body exfoliation, relaxing des vignes back massage, followed by a pressure point facial massage & cranial scalp treatment to melt away tension and leave skin radiant.

Caudalie City Living

After a busy day, calm your mind and body with a deeply relaxing leg and back treatment. This ritual begins with a back cleanse, exfoliation and massage to back and legs and incorporates a nourishing mask applied to the back. This treatment will relieve tension and revitalise, leaving you feeling totally rejuvenated

25 MINUTE EXPRESS TREATMENTS BY CHELSEA HARBOUR

Moment of Tranquility

This relaxing Cranial Scalp Massage is the perfect remedy for tension and stress, it can also help lower blood pressure and improve circulation to the head and neck.

Perfect Legs

This revitalising massage treatment is just what the doctor ordered following a day's shopping and sightseeing, allow the therapist to bring back your spring in your step, a perfect treatment for those who suffer with lower back pain.

Express D-Vine Facial

Specially designed for men and women who are short of time, yet still want results. This express treatment is tailor made to meet the needs of every skin type. This facial includes eye and skin cleansing, deep exfoliation, the application of a customised mask, and a hand massage completes this moment of well-being.

Bright Eyes

This treatment for the eye contour is perfect for really brightening the delicate area around the eyes. It starts with a delicate massage followed by the application of a hydrogel patch concentrated in red vine, horse chestnut and ivy leaf, the perfect lifting and firming eye treatment.

020 7300 5011

spachelsea@motionhealthclubs.co.uk

Millennium Copthorne Hotel, Chelsea, London, SW10 0XG

motionhealthclubs.co.uk